



**British Society of
Rehabilitation Medicine**
Promoting quality through
education and standards



9th and 10th November 2021

Rehab 2021 - Living and ageing with long term conditions

Organising Committee

Dr Ingrid Wilkinson Hart (Chair)

Lead Physiotherapist, Wiltshire Community Team for People with Learning Disabilities, Wiltshire Health and Care, SRR Council Member and Chair of ACPPPLD South West Region.

Dr John Burn

Consultant in Rehabilitation & Brain Injury, University Hospitals Dorset NHS Foundation Trust and BSRM President.

Carrie Clarke

Clinical Specialist Learning Disabilities Physiotherapist/Clinical Lead, Dorset HealthCare University NHS Foundation Trust and ACPPPLD South West Region Committee Member.

Dr Elizabeth Stoppard

Consultant in Rehabilitation Medicine, Airedale NHS Foundation Trust and Chair BSRM Education Sub-Committee.

Professor Frederike van Wijck

Professor in Neurological Rehabilitation, Glasgow Caledonian University and SRR President Elect and Chair SRR Educational Sub-Committee.

Supported by

Innervate – Dr Neil Bindemann and Lindsey Harris and Tangent90 – Richard Lucas, Steve Smith and team

BSRM - British Society of Rehabilitation Medicine, SRR – Society for Research in Rehabilitation, ACPPPLD - Association of Chartered Physiotherapists for People with Learning Disabilities

Tuesday 9 th November 2021				
Time	Stream A	Stream B		
09.00	<p>Please visit our virtual poster hall and the virtual exhibition featuring our commercial and non-commercial partners. Delegates can access these areas throughout the conference and until 31st January 2022. The conference will be recorded and will become available for delegates to watch until 31st January 2022.</p> <table border="1"> <thead> <tr> <th>Session format information</th> </tr> </thead> <tbody> <tr> <td>Microsoft teams meeting format, choose to have your camera on or off, able to mute/unmute. All delegates will be muted during presentations and should unmute to ask questions/join discussion. Raise hand to speak. Chat interaction available throughout. Session mostly recorded.</td> </tr> </tbody> </table>	Session format information	Microsoft teams meeting format, choose to have your camera on or off, able to mute/unmute. All delegates will be muted during presentations and should unmute to ask questions/join discussion. Raise hand to speak. Chat interaction available throughout. Session mostly recorded.	<p>Rehab 2021 - Workshop Day 1</p> <p>09.00 Virtual doors open: time to check your connection</p> <p>09.10 Welcome and introduction to workshop - Dr Ingrid Wilkinson</p> <p>09.15 Osteoporosis management in people with long term conditions Professor Nicholas Harvey, Professor of Rheumatology and Clinical Epidemiology; Honorary Consultant Rheumatologist, MRC Lifecourse Epidemiology Centre, University of Southampton</p> <p>09.45 Managing bone health in primary care Dr Sunil Nedungayil, GP & GPSI (MSK), Member, NHSEI Best MSK Health Osteoporosis Falls and Fragility Fracture Working Group</p> <p>10.10 Discussion</p> <p>10.30 Break</p> <p>Chair - Dr. Ahmad Saif BSRM</p> <p>10.45 Degenerative Cervical Myelopathy- Persisting Uncertainties about Management and Outcomes. Dr Anand Viswanathan, Consultant in Spinal Injuries, Princess Royal Spinal Cord Injuries Centre, Sheffield</p> <p>11.10 Neurodegenerative disorders in people with spinal cord injury. Dr Siva Nair, Consultant Neurologist, Sheffield Teaching Hospitals NHS Foundation Trust</p> <p>11.40 – 12.00 Discussion</p>
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Microsoft teams meeting format, choose to have your camera on or off, able to mute/unmute. All delegates will be muted during presentations and should unmute to ask questions/join discussion. Raise hand to speak. Chat interaction available throughout. Session mostly recorded.				
12.00	Lunch, poster and exhibition viewing	Teams meeting 'rooms' open for social interaction (not recorded)		
12.45	<p>Welcome to Conference - Dr Ingrid Wilkinson Hart SRR & ACPPLD SW2, Dr John Burn BSRM and Professor Fiona Rowe SRR</p>	<p>The virtual poster hall and the virtual exhibition are open, featuring our commercial and non-commercial partners.</p>		
13.00	<p>Frailty and Falls Professor Dawn Skelton, Professor of Ageing and Health, Ageing Well Research Group, Research Centre for Health (ReaCH), School of Health and Life Sciences, Glasgow Caledonian University</p>			
13.30	<p>Frailty in people living with long term conditions - implications for rehabilitation. Dr Josje Schoufour, Amsterdam University of Applied Sciences, Netherlands</p>			
14.00	<p>Panel discussion 'Can we prevent things going wrong for people with long term conditions?'</p>			

	Chair Dr Ingrid Wilkinson Hart with panel members Professor Dawn Skelton, Dr Josje Schoufour, Professor Pauline Heslop and Dr Caroline Hutchings	
14.25	Break, poster and exhibition viewing	
14.45	Poster fast forward session - Chair Prof Andrew Bateman SRR	
15.15	Free research papers - Chair Prof Andrew Bateman SRR 15.15 A Person Based Approach to Developing a Vocational Rehabilitation Intervention (ROWTATE) for Traumatic Injury Survivors Dr Jade Kettlewell 15.25 Design and development of technology Virtual Engagement Rehabilitation Assistant (VERA) in a complex rehabilitation ward, The Walton Centre, Liverpool Dr Maria Bushra 15.35 The fog lifts: development of a novel neuropsychological assessment service evaluating post COVID-19 cognitive deficits amongst UK military personnel Dr Helen Brunger 15.45 Q & A	Chair Carrie Clarke ACPPLD 15.15 Fifteen years of reviewing deaths of people with learning disabilities– avoiding preventable disability and premature death in people with chronic conditions, using examples from people with learning disabilities (National LeDeR project) Prof Pauline Heslop, Professor of Intellectual Disabilities, Norah Fry Centre for Disability Studies, University of Bristol. 15.45 Discussion
16.00	Break, poster and exhibition viewing	
16.05	Living and ageing with Long COVID - Chair Dr Elizabeth Stoppard BSRM 16.05 Covid Rehabilitation in Leeds Dr Stephen Halpin, Senior Research Fellow and Consultant in Rehabilitation Medicine, The University of Leeds 16.20 Helping patients manage fatigue successfully Dr Sari Harenwell, Principal Clinical Psychologist, Clinical Lead for CFS/ME and COVID Rehab for staff, Primary Care Wellbeing Service 16.40 Discussion	Frailty prevention and management in practice - Interactive evidence based multidisciplinary discussion using break out rooms with expert group facilitators. Chair Ingrid Wilkinson Hart SRR & ACPPLD, with Carrie Clarke ACPPLD and Vicky Singleton-Legg ACPPLD 16.05 Introduction (All) 16.15 Discussion in groups: 1 - relatively fit living with LTC 2 - vulnerable to frailty, mobile 3 - vulnerable to frailty, immobile 4 – frail 16.40 Sharing group outcomes and discussion
17.00	Break, poster and exhibition viewing	
17.10	BSRM AGM	
18.00	End of Day 1	

Wednesday 10th November 2020		
Time	Stream A	Stream B
09:00	Rehab 2021 - Workshop Day 2 09.00 Welcome - Carrie Clarke 09.05 Orthopaedic surgery in adults with cerebral palsy Mr Andrew Roberts, Children's Orthopaedic Surgeon, Clinical Chair for Support Services, Director of Research, Robert Jones & Agnes Hunt Orthopaedic Hospital NHS Trust, Oswestry 09:50 Introductory discussion and launch of BSRM Special Interest Group Assistive Rehabilitation Technology (SIGART) Dr Ganesh Bavikatte Chair Caroline Hutchings	Rehab 2021 - Workshop Day 2 Spasticity and contractures 09.00 Welcome – Chair Dr Emily Thomas BSRM 09.05 Just in time assessment of spasticity is a prerequisite for effectively treating contractures Prof Anand Pandyan, Executive Dean, Faculty of Health and Social Science Bournemouth University & Assoc Non Exec Director (Royal Wolverhampton NHS Trust) 09.30 Rehabilitation outcome and process evaluation for people with spasticity Dr Stephen Ashford, Senior Clinical Lecturer and Consultant Physiotherapist, Regional Hyper-acute Rehabilitation Unit & King's College London, Northwick Park Hospital (20 + 5 Q&A) 10:00 Discussion
	10:25 Break, poster and exhibition viewing	10:25 Break, poster and exhibition viewing
	<p>Please don't forget that the virtual poster hall and the virtual exhibition are open throughout the conference and until 31st January 2022, featuring our commercial and non-commercial partners.</p>	Contractures - Chair Dr John Burn BSRM 10:45 Prevalence of contractures in the nursing home population Dr Laura Edwards, Clinical Associate Professor, Faculty of Medicine & Health Sciences, University of Nottingham 11:00 Developing a contracture risk assessment tool and a regional contracture strategy Hina Tariq and Kathryn Collins, Bournemouth University, Joel Dunn, Dorset HealthCare 11.30 Discussion
12:00	Lunch, poster and exhibition viewing	
	12:30 ACPPLD AGM	Teams meeting 'rooms' open for social interaction (not recorded)
13.00	Welcome and introduction – Chair Prof Fiona Rowe, SRR President	
13.05	Bipin Bhakta Memorial Lecture - Prof Rory O'Connor Charterhouse Professor of Rehabilitation Medicine, Chair of the Academic Department of Rehabilitation Medicine and Pro-Dean for Research and Innovation at the University of Leeds, Lead Clinician and honorary consultant rehabilitation physician in Leeds Teaching Hospitals NHS Trust, Deputy Clinical Director and Rehabilitation Technology theme lead for the National Institute for Health Research Devices for Dignity MedTech Co-operative (D4D).	

13.45	Free research papers - Chair David Standley ACPPLD 13.45 Exploring caregiver's health-perspectives regarding adults with severe or profound and multiple learning disabilities accessing hydrotherapy Carrie Clarke 13.55 The Soundscape of a Neurorehabilitation Unit: A Mixed Methods Case Study Exploring Staff Perception Hannah Elliott 14.05 Frailty scoring and rehabilitation outcomes Dr Lawrence Hayes 14.15 Q & A	BSRM Discussion session - Chair Prof Derick Wade 13.45 Rehabilitation Medicine Curriculum 2021 – Dr Javvad Haider Consultant in Rehabilitation Medicine, Cardiff 14.00 Discussion 14.10 Forthcoming BSRM guidelines on vocational rehabilitation Dr John Burn, BSRM President 14.25 Discussion including Prof Diane Playford, Dr John Burn
14.30 Break, poster and exhibition viewing		
14.40	Chair Professor Frederike van Wijck SRR How can we influence changes in clinical practice? Prof Louise Connell, Professor of Allied Health Neurorehabilitation, University of Central Lancashire Q&A	
15.15	Implementation of technology in rehabilitation - Chair Prof Frederike van Wijck SRR 15.15 Functional electrical stimulation: getting FES into clinical practice. Professor Paul Taylor, Clinical Director, The National Clinical FES Centre 15.30 Rehabilitation wards designed for practice, to restore function and enhance quality of life Dr Abayomi Salawu, Consultant in Rehabilitation Medicine, Hull University Teaching Hospitals NHS Trust 15.45 Virtual Reality at home Dr Laura Edwards, Clinical Associate Professor & Hon Consultant in Rehabilitation Medicine, Derby 16.00 Innovation in prosthetics Dr Fergus Jepson MBE, Consultant in Rehabilitation Medicine, Preston 16.15 Panel discussion Chair Professor Frederike van Wijck SRR, panel members Professor Rory O'Connor and session speakers	
16.45	Award SRR Verna Wright prize (awarded retrospectively for 2020 by Prof Fiona Rowe) followed by the SRR AGM	
17.00	Close Dr Ingrid Wilkinson	