



**British Society of  
Rehabilitation Medicine**  
Promoting quality through  
education and standards



9<sup>th</sup> and 10<sup>th</sup> November 2021

## ***Rehab 2021 - Living and ageing with long term conditions***

### **Organising Committee**

Dr John Burn

Consultant in Rehabilitation & Brain Injury, University Hospitals Dorset NHS Foundation Trust and BSRM President.

Carrie Clarke

Clinical Specialist Learning Disabilities Physiotherapist/Clinical Lead, Dorset HealthCare University NHS Foundation Trust and ACPPPLD South West Region Committee Member.

Dr Elizabeth Stoppard

Consultant in Rehabilitation Medicine, Airedale NHS Foundation Trust and Chair BSRM Education Sub-Committee.

Professor Frederike van Wijck

Professor in Neurological Rehabilitation, Glasgow Caledonian University and SRR President Elect and Chair SRR Educational Sub-Committee.

Dr Ingrid Wilkinson Hart

Lead Physiotherapist, Wiltshire Community Team for People with Learning Disabilities, Wiltshire Health and Care, SRR Council Member and Chair of ACPPPLD South West Region.

Supported by

Innervate – Dr Neil Bindemann and Lindsey Harris and Tangent90 – Richard Lucas

BSRM - British Society of Rehabilitation Medicine, SRR – Society for Research in Rehabilitation, ACPPPLD - Association of Chartered Physiotherapists for People with Learning Disabilities

Tuesday 9 <sup>th</sup> November 2021		
Time	Stream A	Stream B
09:00	<p>Please visit our virtual poster hall and the virtual exhibition featuring our commercial and non-commercial partners. Delegates can access these areas throughout the conference and until 31<sup>st</sup> January 2022. The conference will be recorded and will become available for delegates to watch until 31<sup>st</sup> January 2022.</p>	<b>Rehab 2021 - Workshop Day 1</b>
		<b>9:00 Welcome and introduction</b>
		<b>9:15 Osteoporosis management in people with long term conditions</b> Professor Nicholas Harvey, Professor of Rheumatology and Clinical Epidemiology; Honorary Consultant Rheumatologist, MRC Lifecourse Epidemiology Centre, University of Southampton
		<b>9:45 Managing bone health in primary care</b> Dr Sunil Nedungayil, GP & GPSI (MSK), Member, NHSEI Best MSK Health Osteoporosis Falls and Fragility Fracture Working Group
		<b>10:10 Discussion - Osteoporosis in people with long term conditions.</b>
		<b>10:30 Break</b>
		<b>10:45 Spinal cord injury – title TBC.</b> Dr Ramaswamy Hariharan, Consultant in Spinal Injuries, Princess Royal Spinal Cord Injuries Centre, Sheffield
		<b>Neurodegenerative disorders in people with spinal cord injury.</b> Dr Siva Nair, Consultant Neurologist, Sheffield Teaching Hospitals NHS Foundation Trust
		<b>11.40 – 12.00 Discussion</b>
12:00	<b>Lunch</b>	
12:45	<b>Welcome to Conference from SRR, BSRM and ACPPLD,</b>	<b>The virtual poster hall and the virtual exhibition are open, featuring our commercial and non-commercial partners.</b>
13:00	<b>Frailty and Falls</b> Professor Dawn Skelton, Professor of Ageing and Health, Ageing Well Research Group, Research Centre for Health (ReaCH), School of Health and Life Sciences, Glasgow Caledonian University	
13:30	<b>Frailty in people living with long term conditions - implications for rehabilitation.</b> Dr Josje Schoufour, Amsterdam University of Applied Sciences, Netherlands	
14:00	<b>Panel discussion ‘Can we prevent things going wrong for people long term conditions?’</b>	
14:25	<b>Break</b>	
14:45	<b>Poster fast forward session</b>	
15:15 Parallel	<b>Free research papers</b> (3 from submitted abstracts) (Presentations 10, 10, 10 and 15 mins of questions)	<b>15:15 Fifteen years of reviewing deaths of people with learning disabilities– avoiding preventable disability and premature death in people with chronic conditions, using examples from people with learning disabilities (National LeDeR project)</b> Professor Pauline Heslop, Professor of Intellectual Disabilities, Norah Fry Centre for Disability Studies, University of Bristol.
		<b>15:50 Discussion</b>

<b>16:00</b>	<b>Break</b>	
<b>16:05</b>	<b>Frailty prevention and management in practice</b> - Interactive evidence based multidisciplinary discussion using break out rooms with expert group facilitators.	<b>Long COVID Rehabilitation</b> <b>16.05 Update and Overview and information on the LOCOMOTION study</b> Dr Stephen Halpin, Senior Research Fellow and Consultant in Rehabilitation Medicine, The University of Leeds <b>16.20 Helping patients manage fatigue successfully</b> - Dr Sari Harenwell <b>16.35 TBC</b> <b>16:50 Discussion</b>
<b>17:00</b>	<b>Break</b>	
<b>17:10</b>	<b>BSRM AGM</b>	<b>SRR AGM</b>
<b>18.00</b>	<b>End</b>	

<b>Wednesday 10<sup>th</sup> November 2020</b>		
<b>Time</b>	<b>Stream A</b>	<b>Stream B</b>
<b>09:00</b>	<p>Please don't forget that the virtual poster hall and the virtual exhibition are open throughout the conference and until 31<sup>st</sup> January 2022, featuring our commercial and non-commercial partners.</p>	<b>Rehab 2021 - Workshop Day 2 Spasticity and contractures</b> <b>09:00 Welcome</b> <b>09.05 Just in time assessment of spasticity is a prerequisite for effectively treating contractures</b> Professor Anand Pandyan, Professor of Rehabilitation Technology, The School of Allied Health Professions, Keele University & Assoc Non Exec Director (Royal Wolverhampton NHS Trust) <b>09.30 Rehabilitation outcome and process evaluation for people with spasticity</b> Dr Stephen Ashford, Senior Clinical Lecturer and Consultant Physiotherapist, Regional Hyper-acute Rehabilitation Unit & King's College London, Northwick Park Hospital (20 + 5 Q&A) <b>10:00 Discussion</b>
		<b>10:25 Break</b>
<b>10:50</b>		<b>Launch of BSRM Special Interest Group Assistive Rehabilitation Technology (SIGART).</b>
<b>12:00</b>	<b>Lunch and 12:30 ACPPLD AGM</b>	

<b>13:00</b>	<b>Welcome</b>	
<b>13:05</b>	<b>Bipin Bhakta Memorial Lecture - Professor Rory O'Connor</b> Rory O'Connor is the Charterhouse Professor of Rehabilitation Medicine, Chair of the Academic Department of Rehabilitation Medicine and a Pro-Dean for Research and Innovation at the University of Leeds. He is Lead Clinician and honorary consultant rehabilitation physician in Leeds Teaching Hospitals NHS Trust. He is also Deputy Clinical Director and Rehabilitation Technology theme lead for the National Institute for Health Research Devices for Dignity MedTech Co-operative (D4D).	
<b>13:45</b>	<b>Free research papers</b> (3 from submitted abstracts) (Presentations 10, 10, 10 and 15 mins of questions)	<b>13:45 TBC</b>
<b>14:30</b>	<b>Break</b>	
<b>14:40</b>	<b>Implementation science in rehabilitation</b> Professor Louise Connell, Professor of Allied Health Neurorehabilitation, University of Central Lancashire <b>Q&amp;A</b>	<b>BSRM 'How to do it'</b> <b>14.40 2021 Rehabilitation Medicine curriculum.</b> TBC <b>14.55 Commissioning in the age of Integrated Care Systems</b> <b>15.15 Discussion</b>
<b>15:15</b>	<b>Implementation of technology in rehabilitation?</b> implementing change in rehabilitation 15 min overviews of <ul style="list-style-type: none"> <li>- <b>15.15 TBC</b></li> <li>- <b>15:30 Functional electrical stimulation</b> Professor Paul Taylor, Clinical Director, The National Clinical FES Centre</li> <li>- <b>15.45 Rehabilitation wards designed for practice, to restore function and enhance quality of life.</b> Dr Abayomi Salawu, Consultant in Rehabilitation Medicine, Hull University Teaching Hospitals NHS Trust</li> <li>- <b>16:00 Virtual Reality at home</b> Dr Laura Edwards, Clinical Associate Professor &amp; Hon Consultant in Rehabilitation Medicine, Derby</li> <li>- <b>16:15 Title TBC</b> Dr Fergus Jepson MBE, Consultant in Rehabilitation Medicine, Preston</li> </ul> <b>16.30 Panel discussion with speakers</b>	<b>15:45 Free research papers</b> (3 from submitted abstracts) (Presentations 10, 10, 10 and 15 mins of questions)
<b>16:50</b>	<b>Closing remarks &amp; SRR Verna Wright prize (awarded retrospectively for 2020)</b>	
<b>17:00</b>	<b>Close</b>  <p style="text-align: center;"><i>The Organising Committee would like to thank you for attending.  Please complete your feedback form and get your attendance certificate.  We are also very grateful to all our commercial and non-commercial partners.</i></p>	